



SOUTHERN DISTRICTS  
FOOTBALL CLUB

# DOMESTIC AND FAMILY VIOLENCE ACTION PLAN

*Building a Club Where Everyone  
Feels Safe.*



[nomore.org.au](http://nomore.org.au)

1800 899 855

CatholicCare NT



# Southern Districts Football Club Inc Say:

 Domestic, family and sexual violence affects women, men, children and families from all parts of Australian society. Sport is an integral part of Australian culture and sporting organisations play an important and influential role in educating and influencing our community to prevent domestic violence.

Violence includes all acts of violence - physical, sexual, domestic, emotional, mental, social, verbal, economic, spiritual, culturally abusive behavior, child abuse, elder abuse, and cyber bullying.

## Our pledge:

- We will not accept any acts of violence committed by our members or anyone associated with our Association.
- We will aim to educate and empower women, men and children to raise standards of behaviour and stand up against domestic, family and sexual violence.
- All members will treat all families and everyone in the community with respect, decency, courtesy and without violence or harassment.
- All members will treat our wives, partners, girlfriends and all women with respect and will not cause any form or acts of violence.



# Rehabilitation and Behavioural Change Support

 Southern Districts Football Club acknowledges that breaking the cycle of domestic and family violence requires not only supporting victims and survivors, but also providing pathways for genuine rehabilitation for those who have previously caused harm and are committed to change.

## OUR CLUB RECOGNISES THAT:

- Some individuals who have perpetrated violence are willing to take ownership of their past actions and actively participate in education, accountability, and healing.
- A strong, inclusive, and structured environment can play a vital role in supporting behavioural change and preventing reoffending.

## OUR COMMITMENT

- SDFC will work with the NO MORE Program, AFLNT Wellbeing, and approved community services to support individuals who demonstrate accountability and a willingness to learn.
- Any participation will be based on strict conditions, including demonstrated remorse, engagement in counselling or behaviour-change programs, and adherence to the Club's Code of Conduct.
- The Club will foster a respectful, supportive environment where individuals can take responsibility for their actions, rebuild trust, and model positive behaviour change.
- Rehabilitation does not excuse past behaviour, but it provides a structured opportunity for growth, healing, and accountability.
- By including rehabilitation as part of our Domestic Violence Action Plan, Southern Districts Football Club reinforces its leadership role — showing that genuine change comes from education, compassion, accountability, and community strength
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# OUR PLAN



Our objectives are	What we commit to	How we will do it	Who?	When we will do it	Action & date taken
<b>Raising Awareness</b>	Raising Awareness for domestic and family violence	We will encourage the league to participate in a NO MORE Round, where we will link arms and stand together against Domestic and Family Violence.	Leadership, players and committee members.	Ongoing and annually	'No More' Round 2023
		Domestic Violence will not be tolerated within our sporting association. If a player/member/supporter has been found to have committed Domestic Violence, the situation will be reviewed immediately and appropriate action taken.	Leadership and committee members. Supported by NO MORE	As issues arise	
		Leaders consistently reject violence and harassment.	Leadership	Ongoing	
<b>Education</b>	Educating and informing players/committee on the issues and drivers of Domestic and Family Violence	We will engage with NO MORE to participate in Domestic and Family Violence education sessions. A whole club approach will be adapted with representatives from NO MORE taking sessions with both males and females.	Leadership, Committee and NO MORE staff	Ongoing	Awareness session with all senior teams during training during 'No more' week 2023.  Formal complaint process in place  Representatives to attend diversity workshops with AFL NT.
		We will ensure all our players/members are aware of Mandatory Reporting requirements in relation to Domestic and Family Violence.	Leadership and Committee	Ongoing	
		We will ensure all players know the appropriate channels to make a complaint if they have any issues.	Leadership and Committee	Ongoing	
		We will establish consistent internal and external communication that promotes gender equality	Leadership and Committee	Ongoing	

# OUR PLAN



## CONTINUED

Our objectives are	What we commit to	How we will do it	Who?	When we will do it	Action & date taken
<b>Respect</b>	Ensuring all opportunities within the association are gender equal	<p>We will aim to increase female engagement at our club and in leadership positions.</p> <p>Player/Staff complaints are supported and issues raised are taken seriously and dealt with quickly</p> <p>Sexism is challenged in the club/organisation venues and staff who raise issues are not ignored or penalised</p> <p>Sexist language, comments, jokes and images are never acceptable in the club/office, at functions, or in online spaces</p>	<p>All players, members and committee</p>	<p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p>	<p>Appointment of female coach</p> <p>Over 50% representation of women in senior committee positions (Vice President, Treasurer and Secretary).</p> <p>Representatives to attend diversity workshops with AFL NT in early 2024.</p> <p>Club statement released to members reiterating its position on inclusivity and diversity.</p>
<b>Review DVAP</b>	Regularly reviewing our impact, achievements, challenges and future directions of the DVAP	We will review and update our DVAP at least annually, with amendments made as necessary.	Leadership, Committee and NO MORE staff	Annually / As necessary	Annual review on progress and improvements to be completed prior to AGM.



# Eligibility and Accountability Clause

Southern Districts Football Club recognises that rehabilitation and behavioural change are only possible when individuals take full responsibility for their actions and demonstrate genuine remorse.

 **The Club's support for rehabilitation applies only to those who:**

- Acknowledge the harm they have caused to others.
- Express sincere remorse and a willingness to make amends.
- Engage in verified counselling or behavioural change programs.
- Uphold the values and standards of Southern Districts Football Club at all times.

Individuals who deny, minimise, or continue to display violent, coercive, or abusive behaviour will not be welcome at Southern Districts Football Club under any circumstances.

The safety, wellbeing, and trust of our members, families, and community remain our highest priority.

Rehabilitation is not a right — it is a responsibility earned through honesty, accountability, and consistent positive behaviour.

SDFC will continue to lead by example by fostering an environment where respect is non-negotiable, and all members are expected to act with integrity, empathy, and decency

**NO  
MORE!**



# OUR COMMITMENT

## SOUTHERN DISTRICTS FOOTBALL CLUB & NO MORE

commit, collectively and collaboratively to do everything we can to address the unacceptable levels of domestic and family violence in our community through the implementation of the actions in this plan.

KEVIN MULVAHIL

President, Southern Districts Football Club

Date: 19/01/2024

NO MORE

DVAP Co ordinator



# Signing Page